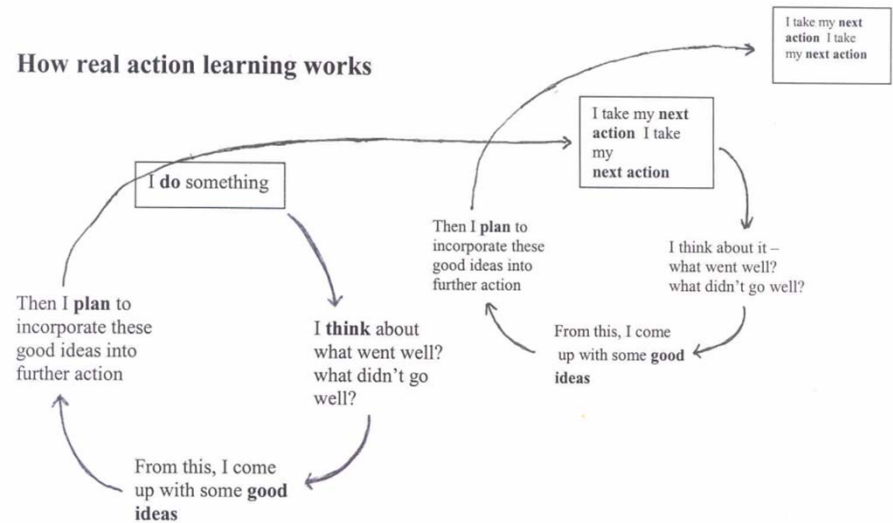


# Human Dimension of Change

- **(Act)**, followed by the individual observing and reflect upon it (**Observe and Reflect**), followed by some conclusion or generalization about the experience (**Generalize**) which forms the basis for modified future action (**Plan**).



# Feedback Loop Technology

- Provide people with information about their actions in real time, then give them an opportunity to change those actions, pushes them toward better behaviors

